MSOS Member Briefing September 2024

Moderated by: E. Robert Feroli, PharmD, FASHP





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Strategic Reduction of *Inpatient* Hypoglycemic Events: Robley Rex VA Medical Center

- Sathya Krishnasamy, MD
- Professor of Medicine
- Fellowship Training Program Director
- Division of Endocrinology, Metabolism, and Diabetes
- University of Louisville
- Staff Endocrinologist and Clinical Researcher
- Robley Rex VAMC
- · Louisville, KY



Epidemiology of Inpatient Hypoglycemia (BG<70 mg/dL)

- > Hypoglycemia contributing factors:
 - Patient factors: CKD, AKI, sepsis, duration/type of DM, hypoglycemia unawareness, low BMI, organ failure, baseline insulin treatment, advanced age, malignancy.
 - Nutritional factors: coordination of meal delivery and blood glucose monitoring/prandial insulin administration, reduced oral intake, NPO/liquid diets, tube feeding regimen changes.
 - Systemic factors: communication gaps across treatment teams, steroid use, failure to adjust home regimen, use of sliding scale vs prandial insulin coverage.

- > Morbidity/mortality of inpatient hypoglycemia:
 - Death.
 - QT interval prolongation.
 - Cerebral ischemia.
 - Increased length of stay.
 - Increased healthcare costs.
 - Metrics

Eiland L, Goldner W. Inpatient Hypoglycemia: A challenge that must be addressed. Curr Diab Rep. 2014;14:445.
Moen MF, Zhan M. Frequency of hypoglycemia and its significance in chronic kidney disease. Clin J Am Soc Nephrol. 2009; 4(6):1121-1127.
Pratiwi C, Mokoagow Mi, Kshanti IAM, Soewondo P. The risk factors of inpatient hypoglycemia: A systematic review. Heliyon. 2020;6(5):e03913

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Historical Context of Our Program

- > 2019: multidisciplinary team completed NCPS Glycemic PSAT (July 2019 May 2020) (Medicine, Endocrinology, Diabetic Educators, Nursing, Informatics, Patient Safety, Pharmacy).
- > PSAT criteria were derived from 2018 Standards of Medical Care in Diabetes and included the following:¹
 - Goal: avoid glucose extremes during inpatient hospital stay, especially preventing hypoglycemia (blood glucose readings <70 mg/dL).
 - A1C monitoring for all inpatients with diabetes or hyperglycemia.
 - Nurse-driven hypoglycemia protocol.
 - Avoidance of split, premixed insulin.

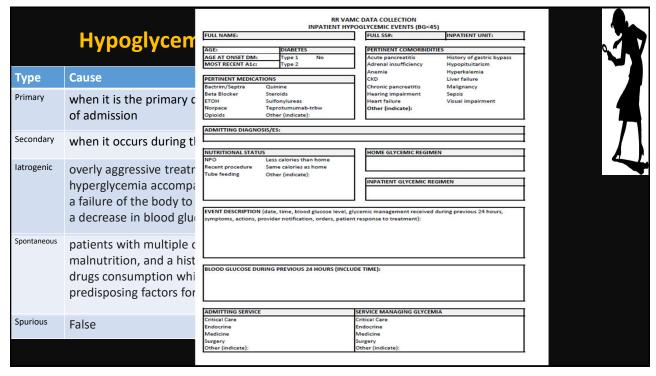
- Basal plus correction regimen after 24 hours vs sliding scale regimens.
- Double verification process for inpatient insulin administration.
- Evidence-based protocols for:
 - > Inpatients receiving concentrated insulin.
 - > Inpatients with insulin pumps.
- Diabetes education.

¹Standards of medical care in diabetes - 2018. American Diabetes Association. 2018;41(suppl 1).
Diabetes care in the hospital: Standards of medical care in diabetes—2019. Diabetes Care. 2019;42(suppl 1):S173-S181.

Historical Context of Our Program

- > 2021 Medication Aggregate: Hypoglycemic Events (BG≤45) Among ICU Patients Receiving Glycemic Agents.
- > Supporting data:
 - 18 hypoglycemic events (BG≤45) in ICU during previous 12 months; 4 events since implementation of Hypoglycemia Protocol 5 months previously.
- > Findings:
 - The <u>lack of a standardized approach</u> to managing blood glucose among inpatients with dysglycemia allowed ordering of <u>frequent insulin dose corrections</u> which resulted in <u>life-threatening hypoglycemic events</u> requiring prolonged, emergent interventions.
- > Actions:
 - Develop glycemic management order sets.
 - Monitor/report monthly D50 usage.
 - Initiate Glycemia Team to review ALL inpatient events of BG≤45; initiated May 2021.

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Demographics	
Ave age of patients (yrs)	63.65
% above 65 yrs of age (%)	50%
Type of diabetes:	
• T2DM	60%
T1DM/LADA	10%
• T3c	5%
not diabetic	25%
CKD	~45%
AKI	6
Malignancy	3
Sepsis	5

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RCA of Events 2021 to 2024

- Correction scale.
- Bedtime correction scale.
- Basal and correction (not starting prandial after 48 hours).
- Insulin stacking.
- Nutritional status and NPO (communication).
- Glucocorticoids insulin mismatch.
- Premix insulin
- Failure to address insulin regimen post surgery in patients with high risk of hypoglycemia.
- Duplication of basal (admission night and next AM).
- Hyperkalemia treatment protocol especially in CKD.
- Spurious.
- Sepsis
- Delay in consulting endocrinology for insulin pump

Implementing Hypoglycemia Safety Protocols

- Restricting use of U500 concentrated insulin to Endocrine Service in both inpatient and outpatient settings.
- Modified bedtime correction scale to start from 201 mg/dL rather than 151 mg/dL.
- Discontinuation of home oral diabetes agents on admission.
- No Premix insulin while inpatient.
- Endocrine referral for all insulin pump patients.
- Utilization of inpatient diabetes education resources (metrics).
- Determine type of diabetes and address nutrition.
- Limit excessive reliance on sliding/correction scale (house staff didactic sessions).

- Use appropriate CS according to TDD insulin.

 Matching prandial coverage to mealtimes.

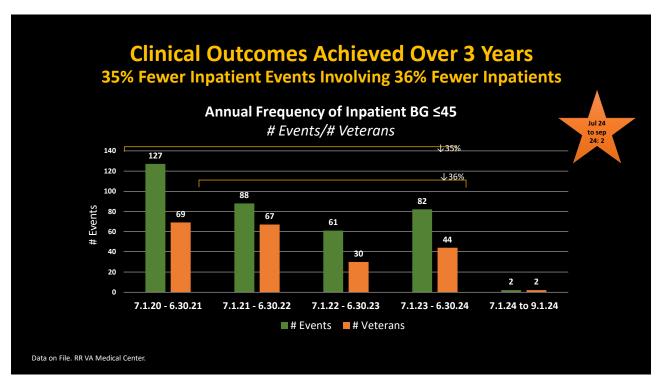
 ENCOURAGE EFFECTIVE COMMUNICATION between the teams involved in the care of the patient.
- Link GC use with an alert to inform prescribing team of dose changes.

- Modification of the glycemic regimen, when the nutrition status changes (NPO/tube feed/TPN).

 Avoid insulin stacking /Orders for daily insulin when pt admitted late PM.

 Creation of INSULIN PUMP SOP.

 Weight and renal function-based dosage of insulin in the management of hyperkalemia (2012 Tobin et al).





Shades of Hypoglycemia:

From Unreal to Real,
From Darkness to Light

Acknowledgements:

Louisville Robley Rex VA Medicine Service & VA Executive Leadership.

Patient Safety Manager: Kim Reibling, MSN, RN.

University of Louisville Division of Endocrinology Fellows: Drs Khurram, Sibai, and Kulkarni.

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Development of an Alteplase Guide

Rabih Dabliz, Pharm.D., MA, FISMP, CPHQ, CPPS Senior Manager, Quality & Medication Safety Department of Pharmacy Services

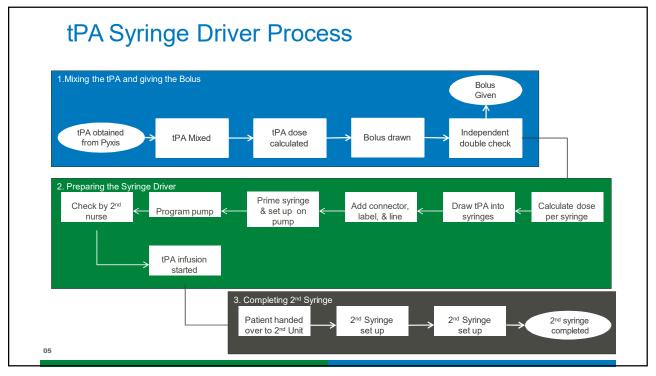
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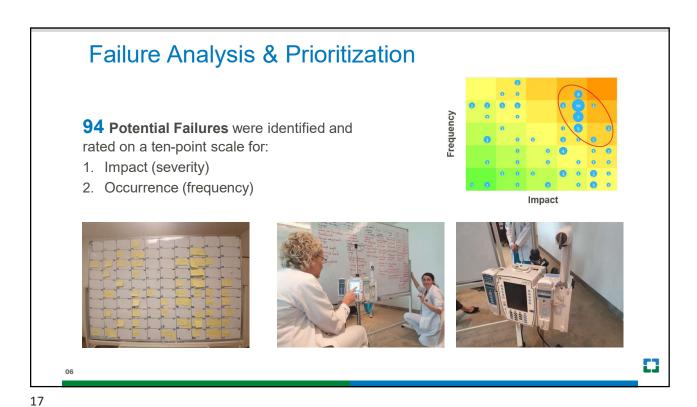






Multidisciplinary Team Executive Sponsor Nursing Madhu Sasidhar Vitor Moreira Physician Leader Elizabeth Gilmore Victoria Mifsud Jincy Pappy **Facilitator** Pharmacy Nicolas Turrin Rabih Dabliz **Stroke Coordinators** Ziad Sadik Ann Sullivan Enas Elkrewi Rhamzell Pingol Zakieh Abuelkhair **Nurse Education Eman Shaheen** Minna Kemppainen Mariam Juma Ciara Rooney **Quality Department** Prudence Skene Mary Jane Capp Mark McCarthy ljeoma Kareem Lucie Pelunkova Nader Khamis Anesthesia Charles Ahene



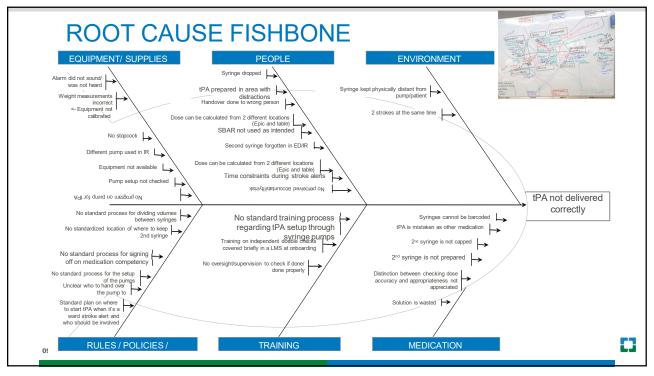


Failure Analysis & Prioritization 1.Mixing of tPA and Bolus 90 Bolus drawn Bolus injected 136 Dose calculated 81 Independent Double check/Checklist for Bolus 113 Obtain tpA Vial from Pixis 62 tPA mixing 90 Frequency 1454 2.Preparing syringe pump Add needleless connector, label, line 216 Calculating dose and syringe number 268 Check by 2nd nurse - Syringes, pump Draw up medication into syringes 144 396 Infusion started Prime syringe, set up pump Program pump 114 3.Completing 2nd syringe 985 **Impact** 8 2nd Infusion completed 2nd Infusion Started 46 Patient Handed over to Unit 336 Setting up 2nd Syringe 595 4.General Failure 104 Inpatient Failure 104 **Grand Total**

High-Risk Themes

- · Independent Double Check/ Check (Syringe/pump) not done
- Wrong dose, number of syringe, volume, too much/not enough tPA in 2nd syringe, prepared for wrong patient
- · Incorrect syringe size used
- · Solution contaminated
- 2nd Syringe lost/not prepared
- · tPA wasted, set up leaked, syringe pressed on accidentally
- Solution foams
- Infusion pushed manually, not programmed properly, over priming, wrong set up
- Information, syringe, pump not handed over
- Late start for 2nd syringe
- · Pharmacy delivers vials instead of syringes to ward

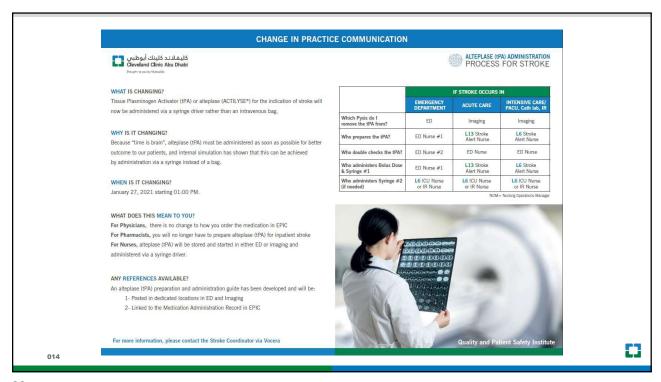
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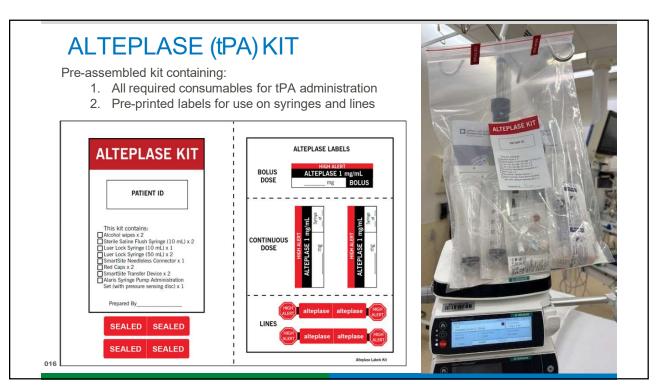


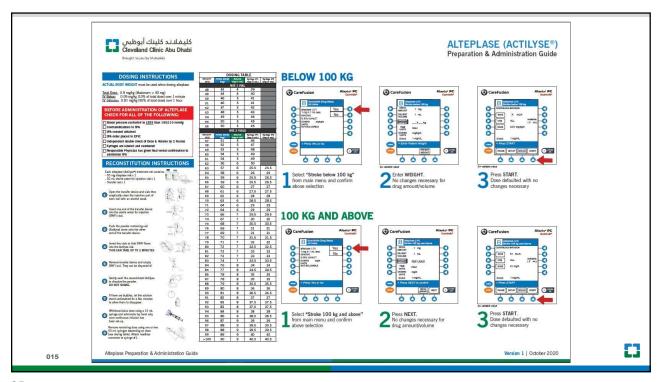
Root Cause/Contributing Factors/ Other Problems Identified	Recommended Actions
No standard process for dividing volumes between syringes	Less than 50mLs – one syringe to be used/ Divide dose by half for anything above 50mLs
Hard to keep up ward nurses competency on how to calculate doses and prepare the tPA	All ED and Stroke alerts nurses to be trained annually on the process
No standardized location of where to keep 2nd syringe	2 nd Syringe will be put in bag and hung on syringe driver
No standard process for the setup of the pumps	1 page SOP, Simulation in ED to test, pump standardization (OR), Ensure availability
No standard training process regarding tPA setup through syringe pumps	Develop training program, Caregiver Guide, and alteplase Kit
Handover process not followed consistency	Standardize handover of tPA pumps include training: Interventional Radiology, L6 ICU
Standard plan on where to start tPA when it's a ward stroke alert and who should be involved is not used often, so can be forgotten	Will Explore with ED and Imaging team of potentially preparing tPA in CT area
No standard process for signing off on medication competency for independent double check	Develop a medication competency for independent double check

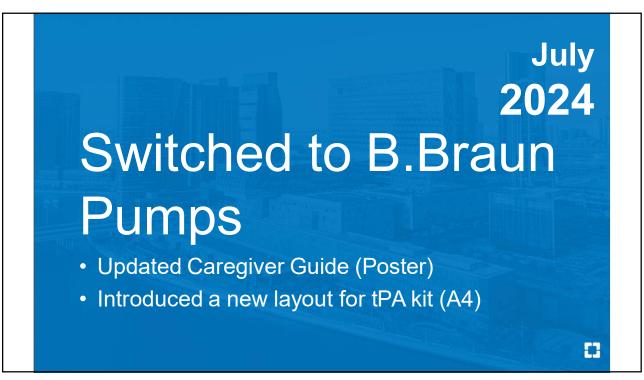
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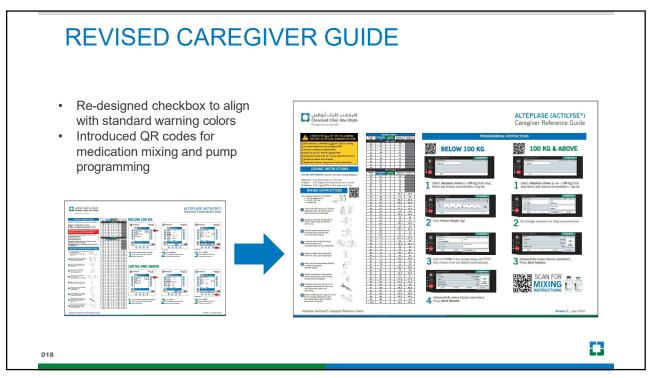


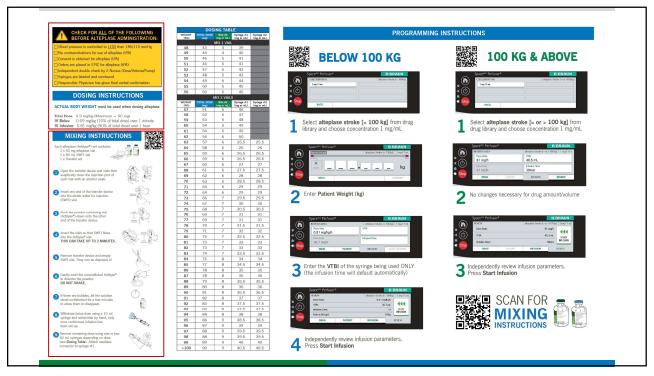


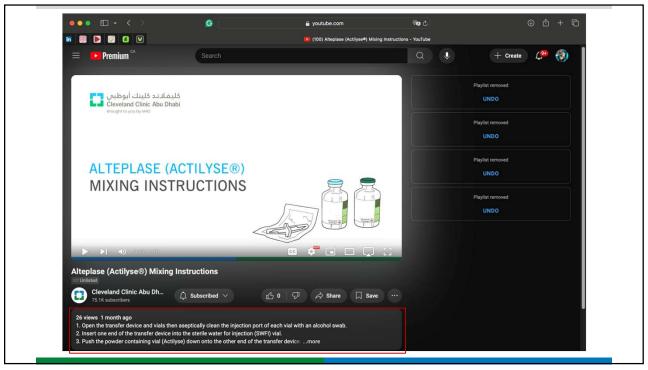




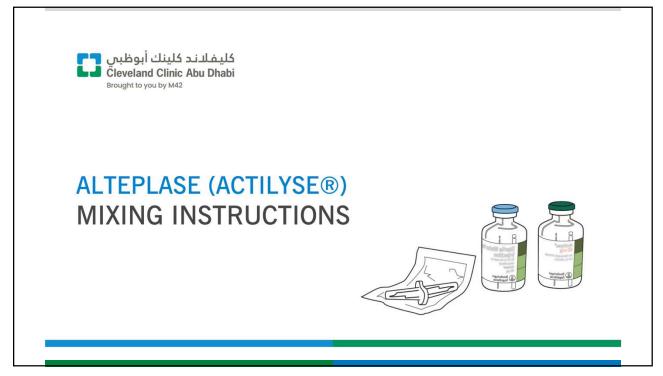


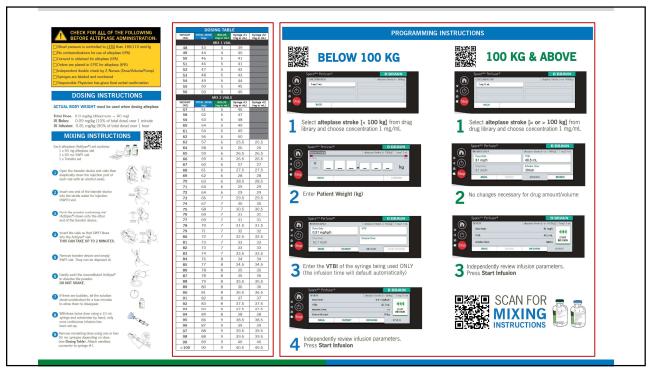




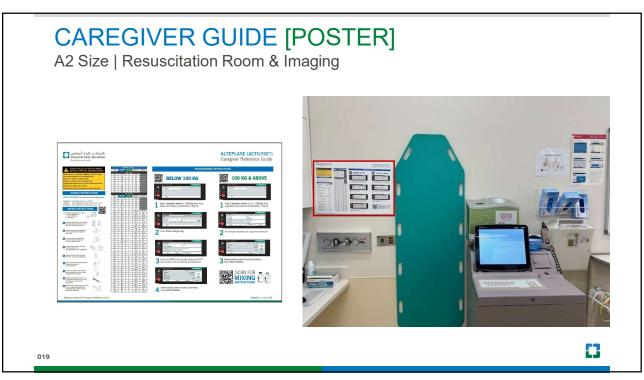


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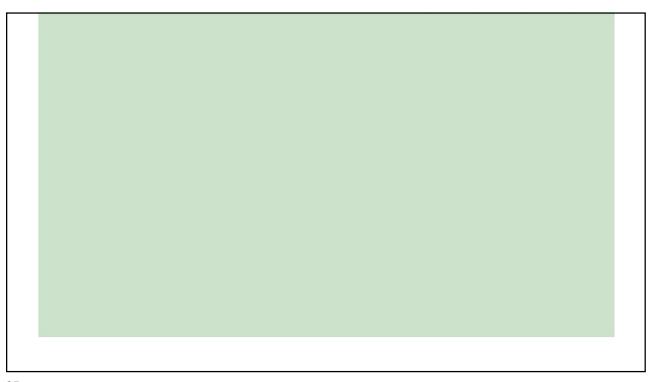
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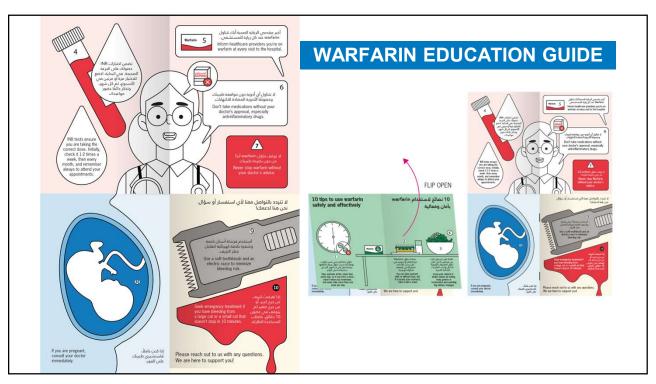


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Congratulations on their Retirement!!



Susan Paparella, MSN, RN Vice President, ISMP Services



Michelle Mandrack, MSN, RN Director, Consulting Services

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ISMP

Welcome: Jana O'Hara, MSN, RN, CPHQ, CPPS

We are pleased to announce that Jana O'Hara, MSN, RN, CPHQ, CPPS has joined ISMP as the Director of Consulting and Education. Jana has worked in a variety of clinical quality, safety, and leadership roles. Most recently, she served as the Director of Marketplace Operations for a healthcare staffing company, leading clinical and nonclinical teams that support clinical staff across the country. Prior to that she served as the Director of Patient Safety for University Health in San Antonio, TX, overseeing patient safety across the entire healthcare system including inpatient, ambulatory, ambulatory surgery centers, dialysis, and correctional facilities. Please join us in welcoming Jana!



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World Patient Safety Day





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World Patient Safety Day



(left to right) Marcus Schabacker, Shannon Davila Bevin O'Neil, Stuart Morris-Hipkins, and Dheerendra Kommala at the Whitehouse for the leadership briefing featuring heads of several government agencies sharing their safety initiatives underway.



(left to right) Andy Poole, Rita Jew, and Lea Rubini at the march for patient safety and remembrance ceremony for patients who lost their lives due to medical error.





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Updated List of Confused Drug Names



- Updated August, 2024
- https://home.ecri.org/blogs/ism p-resources/list-of-confuseddrug-names



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Just Culture Scholarship

https://home.ecri.org/pages/judy-smetzer-just-culture-champion-scholarships

- Applications Due Saturday, September 28th
- 3 full & 6 partial scholarships
- Scholarship Recipients Receive
 - A seat in the Just Culture Certification Course
 - A 1-year license to the Just Culture Conduct Course
 - A 30-day license to the Just Culture Assessment tool
 - The Just Culture Algorithm
 - A copy of Dave's Subs
 - Access to The Just Culture Company Portal
 - Eligibility to sit for the Just Culture Certification Exam, leading to certification as a Just Culture Champion



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27th Annual Cheers Awards

- Celebrate the amazing accomplishments of individuals & organizations who have advanced medication safety!
- December 10, 2024
- Civic Theatre
 - 510 O'Keefe Ave, New Orleans, LA



https://home.ecri.org/pages/cheers-awards



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Whitepaper published by MSB

https://www.medsafetyboard.com/med-safety-board-releases-white-paper-emphasizing-that-injectable-medication-labels-must-be-well-differentiated-to-prevent-patient-harm/

- White Paper recently published by Med Safety Board, subsidiary of ISMP
- Call to action for pharmaceutical manufacturers to help prevent potentially harmful errors by ensuring injectable medication labels are easily distinguishable from each other
- The White Paper addresses key points that manufacturers should consider when designing labels
- Healthcare facilities can utilize key points when selecting/purchasing pharmaceuticals



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Upcoming Educational Programs

https://home.ecri.org/blogs/ismp-events-and-webinars

- Medication Safety Intensive Workshops (Virtual)
 - October 3 & 4
 - December 5 & 6
- Breakfast Symposium at the CSHP Seminar 2024: Applying Best Practices for Injection Safety: A "How To" Roadmap
 - Saturday, November 2, 2024
 - 7:45 am 8:45 am
 - Palm Springs Convention Center
 - · Room: Chino AB



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Questions?



- A copy of today's slides will be posted on our website.
 - Next MSOS Briefing date **November 21**st, 2024.

